

USA Gymnastics Region 1 Women's Program



2019 Regional Championships

Level 8-10 Regionals
April 12-14th



Las Vegas, NV

[Level 8, 9 & 10 Regional Meet Information](#)
[Coaches Letter](#)
[Program Ads](#)
[Hotel Letter](#)
[Admission Prices](#)

Level 6 & 7 Regionals
April 26-28th
Reno, NV

[Level 6 & 7 Regional Meet Information](#)



Nugget Casino Resort is honored to host USA Gymnastics April 25 – 29, 2019. Your entire room block and all your functions are being housed on-site. The competition space and many of the hotel amenities including the pool and fitness center are accessible directly from our two hotel towers. No need to walk through the lobby or public areas to get to your gymnastics competition venue

HOTEL GUESTROOMS

Make your reservations early. Guestroom availability is limited. Both towers offer either one king bed or two queen beds. Double Queen rooms and the new Resort Tower guestroom will be the first room type to sell-out! Reservations can be made by calling the hotel directly at 800-648-1177 and ask for Group Code: **GGYM18**



New Resort Tower Guestroom



Contemporary East Tower Guestroom

AMENITIES



The Nugget offers a multitude of on-site amenities including 8 restaurants, 6 lounges, game arcade, year-round Olympic Atrium pool, fitness center, gift shop, bingo, Celebrity Showroom plus more

VICTORIAN SQUARE - Located in quaint Victorian Square, the Nugget Casino Resort is surrounded by movie theaters, restaurants, a brew pub, and well-lit walking paths complete with historic points of interest.



Xcel Regionals
May 3-5th
San Diego, CA

[Xcel Regional Meet Information](#)

2019 Region 1 Congress

August 23-25th



<http://www.usagymrc.com/region1/>

**CALL FOR NOMINATIONS FOR
REGIONAL ADMINISTRATIVE COMMITTEE CHAIRMAN
(RACC)**

Click on the link below for more information:

[Nomination Form & RACC Duties and Responsibilities](#)

Elections will be conducted online at www.usagym.org
from April 1 through April 15th.

In order to ensure that your vote can be counted, each Professional Member should make sure of each of the following:

- 1) That your address is current (specifically the State)
- 2) That you know your personal User ID
- 3) That you know your password
- 4) Your Professional membership, safety certification and background check must be fully processed and current.

If you have any questions regarding your voting privileges, please call USA Gymnastics Member Services - 1-800-345-4719.

Nominations due no later than March 1, 2019 by midnight Eastern Time.

STATE MEET GUIDELINES

The USA Gymnastics State Administrative Committee has full jurisdiction over all State Championship Meets. All State meets will follow USA Gymnastics Rules and Policies. Please refer all questions to your respective State Administrative Committee Chairman.

REGIONAL QUALIFIERS

Please be prepared to enter and pay for all athletes that qualify to Regionals. You must complete an entry form and pay at the conclusion of the state meet AND enter all qualified and petitioned athletes online on the USA Gymnastics Meet Reservation System by Monday at 5:00pm following your state meet.

PETITIONS

Please refer to USA Gymnastics Rules & Policies for petition requirements
Rules & Policies (JO- Page 84-85, Xcel Page 52-53).

You must submit all petitions to your SACC and to our RTCC, Gigi Iavarone (gigi.rtc1@cox.net) no later than Monday following your State meet. If your athlete was injured at the state meet, you have until Wednesday to submit a doctor's note, however everything else is still due Monday. If your athlete is not competing at State meet and you plan to petition, please submit the petition as soon as possible to expedite the process.

Former Elite Athletes Returning to JO Competitions

If you have an Elite Athlete that now wants to compete in the JO Program, you MUST petition to drop back to the JO Program through the Junior Olympic Committee Chairman, Tom Koll, BEFORE they compete in the JO Program. Please see page 126 of Rules & Policies for full details.

JO Athletes who are not U.S. Citizens

If you have ANY athletes, JO or Xcel, on your team who are not U.S. Citizens, or have represented a foreign country in an international competition, please read Chapter 2, pages 30-33 of the Rules & Policies to be sure that you understand the rules.

REGION 1 CALENDAR

